

Questionnaire for Screening Rehab Facilities

(Note: Most interviews will be conducted with the Director of Admissions.)

	Yes	No	Other responses
Are you Medicare- or Medicaid-certified?			
Do you have a large vacancy rate? If not, is there is a wait?			
Are you a for-profit facility? Who is the owner?			
Are you part of a chain?			
If they are nonprofit, ask, "What is your affiliation?"			
Staffing			
How many nurse's aides are there per resident? (You may want them to break down this ratio per shift.)			
How much time per day do nurse's aides spend one-on-one with a patient?			
Do you allow the hiring of private CNAs?			
Do you provide transportation to and from medical appointments? What is the charge? (Note: Because transportation to and from doctor's visits is calculated by the mile and is usually provided by an ambulance company that uses wheelchair vans, you may want to choose a facility that is not too far from your parent's physicians. If there is a family member who can shuttle your loved one, then this is not so much of an issue. Also, if your parent might be in pain while being transported, you may want to choose a facility closer to her doctors.)			
What can you tell me about your medical director? (Note: If the facility is out of the jurisdiction of your parent's primary care physician, inquire about the medical director at the facility. Ask as many questions as you can to determine if you want this physician to be in charge of your parent's care.)			
Are the PTs and OTs contract workers or are they on staff?			
On average, how long have they been at this facility and how experienced are they?			
How often will my parent be evaluated by the team?			

Questionnaire for Screening Rehab Facilities

(Note: Most interviews will be conducted with the Director of Admissions.)

	Yes	No	Other responses
How often will my parent be seen by the medical director? (If you do not know the medical director, ask to make an appointment to meet him or her.)			
Social Activities			
What sorts of social activities do you provide? Are there activities offered during the day and evening?			
What are the opportunities for socializing?			
Is there a living room or a common area in which patients can play games?			
Food			
May I see sample menus for breakfast, lunch and dinner?			
Do you provide fresh fruits and vegetables?			
Can patients choose to eat in the dining room?			
Are there more food choices if patients eat in the dining room?			
Do you serve the same food for dinner one night and then for lunch the next day?			
Measures taken to deinstitutionalize the facility			
What measures have been taken to deinstitutionalize the facility?			
Can family dogs come to visit?			
Do you have any resident pets? (Some facilities have cats, birds, or fish.)			
Laundry			
Do you offer laundry service or does someone have to collect it each week?			
Are bed linens and towels cleaned daily? (Ask what the laundry department does to prevent bed sores re: types of detergents or softeners used.)			

Questionnaire for Screening Rehab Facilities

(Note: Most interviews will be conducted with the Director of Admissions.)

	Yes	No	Other responses
Miscellaneous			
Is there a hairstylist on site?			
How is petty cash managed? Can you set up an account?			
Observations			
Are the patient rooms made to look more like bedrooms? How are they furnished and decorated?			
Can you personalize the room?			
What do you need to supply? Is there a TV and a phone in patient rooms or do you need to bring these?			
Are soiled linens piled up in the hallways or in resident's rooms?			
Are the showers clean?			
Do the residents look happy?			
Do the residents look clean and well-groomed?			
Are there unpleasant odors?			
What is the physical therapy room like? Is it inviting? Is it tiny?			
Are there several patients doing PT at the same time?			
What is the occupational therapy (OT) room like?			
How are patients being treated by the PTs and OTs, gently and with care, or are they a bit rough?			
Proximity to doctors, friends, and relatives			
What is the proximity to your parent's doctor(s), hospital, family, and friends? You will want as many people to visit as possible, they will be your eyes and ears.			
And finally, try to imagine yourself being in this place for one to three months or longer.			
Notes/summary of answers:			